

GYMNASIUMS

Winter Spring Sessions (effective 1/2/26 – 5/24/26)



THE SCHEDULE BELOW IS A GENERAL OVERVIEW

A more specific 2 or 3 day gym schedule (Mon/Tue, Wed/Thu, Fri-Sun) is usually posted at front desk and on the gym door

We try our best to keep one court or gym available for open walk-in play, but that is not guaranteed (especially during January-March)

All YMCA programs are subject to change without notice

Side 1: Half of Main Gym Near Child Development/Upstairs Fitness

Side 2: Half of Main Gym near Aux Gym

MON	Open Pickleball Child Development (Toddlers) Child Development (Preschool) Afterschool: Open Dodgeball Girls 5-6th; Boys/Girls 7-8th Gr INDIV League B-Ball Adult Rec Volleyball League Open Mens Pick Up Basketball Games Open Pickleball	8 AM-(10:30 S1; 10:45 Aux;11:30 AM S2) 10:00-11:30 AM 10:30-11:30 AM; 2:30-3:15 PM 3:00-3:45 PM 4:00-5:00 PM Starts 1/12 Ends 4/6 6:30-8:30 PM Starts 1/12 Ends 4/13 6:30-8:30 PM 6:30-8:30 PM	Main/Aux Aux Main 1/Aux Aux Gym Aux Gym Aux Gym Main Side 2 Main Side 1
TUE	Open Pickleball Child Development (Toddlers) Child Development (Preschool) Co-Ed K-2nd Soccer Co-ed K-8th Floor Hockey R2R Volleyball	8 AM-(10:30 S1; 10:45 Aux;11:30 AM S2) 10:00-11:30 AM 10:30-11:30 AM; 2:30-3:15 PM 5:00-7:10 PM Starts 1/6 Ends 2/9 4:00-7:30 PM Starts 2/24 Ends 4/7 7:30-9:00 PM Starts 1/6 Ends 4/28	Main/Aux Side 1 / Aux Aux Gym Aux / Main Main Side 1 Main
WED	Open Pickleball Child Development (Toddlers) Child Development (Preschool) Afterschool: Various Sports/Activities Girls 5-6th Grade INDIV League Basketball Boys or Girls 7-8th Grade INDIV League Basketball Adult Power Volleyball League Open Mens Pick Up Basketball Games Open Pickleball	8 AM-(10:30 S1; 10:45 Aux;11:30 AM S2) 10:00-11:30 AM 10:30-11:30 AM; 2:30-3:15 PM 3:00-3:45 PM 4:00-5:00 PM Starts 1/7 Ends 2/18 4:00-5:00 PM Starts 2/25 Ends 4/8 5:50-8:50 PM Starts 1/7 Ends 4/9 6:30-8:30 PM 6:30-8:30 PM	Main/Aux Side 1 / Aux Aux Gym Aux Gym Aux Gym Aux Gym Aux Gym Main Side 2 Main Side 1
THU	Open Pickleball Child Development (Toddlers) Child Development (Preschool) Afterschool: Open Volleyball Co-Ed K; 3rd-6th Soccer Adult Power Volleyball League Golf Lessons	8 AM-(10:30 S1; 10:45 Aux;11:30 AM S2) 10:00-11:30 AM 10:30-11:30 AM; 2:30-3:15 PM 3:00-3:45 PM 5:00-8:15 PM Starts 1/8 Ends 2/13 5:50-8:50 PM Starts 1/8 Ends 4/9 7:00-8:00 PM Starts 3/5 Ends 4/9	Main/Aux Side 1 / Aux Aux Gym Aux Gym Main Gym Aux/Main Main Side 1
FRI	Open Pickleball Child Development (Toddlers) Child Development (Preschool) Afterschool: Open Pickleball Open Pickleball (Selected Fridays) Co-ed 1st-6th Grade Soccer	8 AM-(10:30 S1; 10:45 Aux;11:30 AM S2) 10:00-11:30 AM 10:30-11:30 AM; 2:30-3:15 PM 3:00-3:45 PM 4:30-6:30 PM 5:30-8:45 PM Jan 16, 23 & Feb 13 only	Main/Aux Side 1 / Aux Aux Gym Aux Gym Aux Gym Main Gym
SAT	Open Pickleball Co-ed 1st-6th Grade Soccer Co-ed K-8th Floor Hockey	9:00 AM-12 Noon 9:00 AM-12:15 PM Starts 1/10 Ends 2/7 9:00 AM-12:15 PM Starts 2/28 Ends 4/11	Aux or Side 2 Main Gym Main Gym
SUN	Open Mens Pick Up Basketball Open Pickleball	10:00 AM-12 Noon 10:00 AM-12 Noon	Main Side 2 Aux Gym

January	17	Sat	Swim Meet	Main (11 am-3 pm)
	22	Thu	Blood Drive	Aux (Noon-5:30 pm)
	24	Sat	Swim Meet	Main (11 am-3 pm)

March 14-15 Sat-Sun AAU V-Ball Tny Main (8:30-3 pm)

24 Tue Blood Drive Aux (Noon-5:30 pm)

February 14-15 Sat-Sun AAU V-Ball Tny Main (8:30-3 pm)

April 18 Sat Pickleball Tny Main & Aux

25 Sat Pickleball Tny Main & Aux

May 19 Tue Blood Drive Aux (Noon-5:30 pm)