



HOURS OF OPERATION

Facilities (DuBois & TL Ext)



Monday-Friday 5:30 AM - 9:00 PM



5:30 AM - Noon; 5:00-7:00 PM (TL Ext)

Saturday 6:00 AM - 3:00 PM (DuBois)
7:00 AM - 3:00 PM (TL Ext)

Sunday 10:00 AM - 2:00 PM

Pool & Whirlpool



MORNING/AFTERNOON

Mon - Fri 5:30 AM - 8:00 AM

Mon, Wed, Fri 12 Noon - 2:00 PM

Tue & Thu 12 Noon - 3:00 PM

(Noon-1 pm Adult only)

EVENING

Mon, Wed, Fri 5:30 PM - 8:30 PM

Tue & Thu 7:00 PM - 8:30 PM

WEEKEND

Sat 6:00 AM - 8:00 AM; 12 Noon - 2:30 PM

Sun **10:45 AM - 1:30 PM**

Note: Detailed Pool Schedule (on back) lists daily times for open swim, lap lane swim, adult only swim/lap and aquatic classes/programs

POOL 2025 Spring 1 (3/24-5/3) Spring 2 (5/4-6/14) UPDATED 5/21

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM 6:00 AM Sat	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
7:00 AM	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
8:00 AM	CLOSED	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED
9:00 AM	CLOSED	<i>Aquacise</i> Swim Team	<i>Water Toning</i> Swim Team	<i>Aquacise</i> Swim Team	<i>Water Toning</i> Swim Team	<i>Aquacise</i> Swim Team	CLOSED
10:00 AM 10:45 Sun	Open Swim/ Open Lap	Swim Team	Swim Team CLOSED	Swim Team	Swim Team CLOSED	Swim Team	CLOSED
11:00 AM	Open Swim/ Open Lap	Swim Team (11:15)	CLOSED	Swim Team (11:15)	CLOSED	Swim Team (11:15)	CLOSED
NOON	Open Swim/ Open Lap	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	Open Swim/ Open Lap
1:00 PM	Open Swim/Lap CLOSED**	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
2:00 PM	CLOSED**	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/Lap CLOSED**
3:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED**
4:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
5:00 PM	CLOSED	CLOSED Open Swim/ Open Lap	CLOSED	CLOSED Open Swim/ Open Lap	CLOSED	CLOSED Open Swim/ Open Lap	CLOSED
6:00 PM	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/ Open Lap	CLOSED
7:00 PM	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	CLOSED
8:00 PM	CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	CLOSED

AT A GLANCE

OPEN SWIM & OPEN LAP LANE
(All ages unless noted otherwise)

NOTE: Open Lap Swimming is for those who are proficient and consistent in lap swimming.

Monday - Saturday
Monday - Friday **ADULTS ONLY**
Monday, Wednesday & Friday
Tuesday & Thursday
Saturday
Sunday

(Sat open 6 AM) 5:30-8:00 AM
Noon-1:00 PM
1:00-2:00 PM; 5:30-8:30 PM
1:00-3:00 PM; 7:00-8:30 PM
Noon - 2:30 PM
10:45 AM-1:30 PM

Home Swim Meets

Saturdays June 21, July 12 & 19

9:00 AM-2:30 PM

Swim Lessons **(No lessons Spring 2)**

Saturday

9:30 AM-Noon

Pool Parties**

Saturday
Sunday

2:30-3:30 PM
1:30-2:30 PM

NOTE: We currently have 7 lifeguards and a majority of them are High School students in school activities. We are offering **EVENING AND WEEKEND OPEN SWIM** as many days as their schedules permit. Please check the front desk or www.duboisymca.org/news **if there is a current** monthly listing of CLOSED open swim times.