

# DuBois Area YMCA



## 2026 Adult Co-Ed Rec Volleyball League

<b>TEAM #</b>	<b>Name</b>	<b>Captain</b>	<b>Phone #</b>
1		Cole Norris	814-661-3819
2	Joe's Tux Shop	Julie Fitzer	814-591-8586
3	Mid Penn Bank	Mara Baronick	814-590-8416
4	Love Financial	Jodee Thompson	814-541-0388
5		Dylan Kriner	814-771-6938
League Coordinator: Zac Wilcox			814-590-5561

**Cancellations:**

If after 12 Noon on Monday, text other team captain ASAP, then Zac. Match will most likely not be rescheduled and result in a forfeit

If earlier, text/call Zac and he will contact other team. Rescheduling is possible, but not a guarantee.

**Score:**

3 games to 25, win by 2 or 1st team to 28

Please record result in notebook on shelf in closet. **Circle winning team** for match and note sets W/L (3-0 or 2-1) for winning team.

e.g. (1) - 2 3-0 (Team 1 won 3 sets to 0)

<b>TIME</b>	<b>Jan 12</b>	<b>Jan 19</b>	<b>Jan 26</b>	<b>Feb 2</b>	<b>Feb 9</b>	<b>Feb 16</b>	<b>Feb 23</b>
6:00	1 - 2	2 - 3	3 - 4	1 - 4	3 - 5	4 - 5	2 - 3
7:00	1 - 3	2 - 4	3 - 5	3 - 4	2 - 5	2 - 4	1 - 5
8:00	4 - 5	1 - 5	1 - 2	2 - 5	1 - 4	1 - 3	Bye 4

<b>TIME</b>	<b>Mar 2</b>	<b>Mar 9</b>	<b>Mar 16</b>	<b>Mar 23</b>
6:00	Game 1	Game 4	Game 6	Game 10
7:00	Game 2	Game 5	Game 8	Game 11 (if necessary)
8:00	Game 3	Game 7	Game 9	

**\* NOTE: Must have played 3 matches to play in playoffs**

**Points Earned**

- Win match 3-0 = 4 pts
- Win match 2-1 = 3 pts
- Lose match 1-2 = 2 pts
- Lose match 0-3 = 1 pt
- Forfeit match = 0 pts

Point totals will be used to determine positioning in 3-game guarantee playoffs (TBA)



# Soccer Practice/Game Schedule

# 2026

## Boys & Girls 1st & 2nd Grade



### Month/Date/Day

<b>JAN</b>	6	Tue	6:10-7:10 pm	Practice	
	10	Sat	9:00-10:00 am	Practice	
	13	Tue	6:00-7:00 pm	Practice	
	16	Fri	5:30-6:30 pm	Game	
	20	Tue	6:00-7:00 pm	Practice	<b>Last day to order &amp; pay for optional \$8 shirt</b>
	23	Fri	5:30-6:30 pm	Game	
	27	Tue	6:00-7:00 pm	Practice	
	31	Sat	9:00-10:00 am	Game	
<b>FEB</b>	3	Tue	6:00-7:00 pm	Practice	
	7	Sat	9:00-10:00 am	Game	
	10	Tue	6:00-7:00 pm	Game	
	13	Fri	5:30-6:30 pm	Game	
	17	Tue	<b>Makeup (If necessary)</b>		

### Notes:

- Practices/games will be in main gym or auxiliary gym. Help is always appreciated with setup of equipment, supervision of a group, tear down, etc.
- If you are getting the optional shirt, please turn into Zac. Put \$ in envelope with child name. **Cash is preferred.** Make checks payable to DuBois Area YMCA.
- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA soccer that day.

**Zach Lewis**  
**Garrett Pollock**

**Volunteer Instructor**  
**Volunteer Instructor**

**Zac Wilcox**  
DuBois Area YMCA

**YMCA Program Director**  
814-375-9622 Work Cell

814-590-5561 Email z\_wilcox@hotmail.com

If you text, please indicate who is texting since I do not keep all in my contact list.



# Soccer Practice/Game Schedule

# 2026

## Boys & Girls 3rd & 4th Grade



### Month/Date/Day

<b>JAN</b>	8	Thu	6:10-7:10 pm	Practice	
	10	Sat	10:10-11:10 am	Practice	
	15	Thu	6:00-7:00 pm	Practice	
	16	Fri	6:40-7:40 pm	Game	
	22	Thu	6:00-7:00 pm	Practice	<b>Last day to order &amp; pay for optional \$8 shirt</b>
	23	Fri	6:40-7:40 pm	Game	
	29	Thu	6:00-7:00 pm	Practice	
	31	Sat	10:10-11:10 am	Game	
<b>FEB</b>	5	Thu	6:00-7:00 pm	Practice	
	7	Sat	10:10-11:10 am	Game	
	12	Thu	6:00-7:00 pm	Game	
	13	Fri	6:40-7:40 pm	Game	
	19	Thu	<b>Makeup (If necessary)</b>		

### Notes:

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- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA soccer that day.

**Bob Ricker**                      **Volunteer Lead Coach**                      **814-360-4505**

**Zac Wilcox**                      **YMCA Program Director**  
DuBois Area YMCA      814-375-9622 Work Cell      814-590-5561 Email      z\_wilcox@hotmail.com

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# Soccer Practice/Game Schedule

# 2026



Boys & Girls 5th & 6th Grade

## Month/Date/Day

<b>JAN</b>	8	Thu	7:15-8:5 pm	Practice	
	10	Sat	11:15 am -12:15 pm	Practice	
	15	Thu	7:05-8:05 pm	Practice	
	16	Fri	7:45-8:45 pm	Game	
	22	Thu	7:05-8:05 pm	Practice	<b>Last day to order &amp; pay for optional \$8 shirt</b>
23	Fri	7:45-8:45 pm	Game		
	29	Thu	7:05-8:05 pm	Practice	
	31	Sat	11:15 am -12:15 pm	Game	
<b>FEB</b>	5	Thu	7:05-8:05 pm	Practice	
	7	Sat	11:15 am -12:15 pm	Game	
	12	Thu	7:05-8:05 pm	Game	
	13	Fri	7:45-8:45 pm	Game	
	19	Thu	<b>Makeup (If necessary)</b>		

### Notes:

- Practices/games will be in main gym or auxiliary gym. Help is always appreciated with setup of equipment, supervision of a group, tear down, etc.
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- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA soccer that day.

**Bob Ricker**

**Volunteer Instructor**

**814-360-4505**

**Zac Wilcox**

**YMCA Program Director**

DuBois Area YMCA

814-375-9622 Work Cell

814-590-5561 Email

z\_wilcox@hotmail.com

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# DuBois Area YMCA Basketball



## Girls 5 & 6<sup>th</sup> Grade Individual 2026

<u>Month/Date/Day</u>		<u>4:00-5:00 pm</u>	
<b>JAN</b>	7	Wed	Practice
	<b>9</b>	<b>Fri</b>	Practice (3:30-4:30)
	12	Mon	Practice
	14	Wed	Practice/Scrimmage
	19	Mon	No Practice/Game
	<b>20</b>	<b>Tue</b>	Game
	21	Wed	Game
	26	Mon	Practice
28	Wed	Game	
<b>FEB</b>	2	Mon	Practice
	4	Wed	Game
	9	Mon	Practice
	11	Wed	Game
	16	Mon	Game
	18	Wed	Game
23	Mon	<b>Makeup (If necessary)</b>	

### Notes:

- Practices/games will be in auxiliary gym. Help is always appreciated with setup of equipment, supervision of a group, tear down, etc.
- If you are getting the optional shirt, please turn into Zac. Put \$ in envelope with child name. **Cash is preferred.** Make checks payable to DuBois Area YMCA
- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA B-Ball that day.

### Zac Wilcox League Coordinator/Coach

DuBois Area YMCA    375-9622    Work Cell    590-5561    Email    z\_wilcox@hotmail.com

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**Look on back for more information**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DuBois Area YMCA

## Youth Sports

### Motto

Everybody plays...All are Valuable

### Pledge

Try your hardest. Enjoy the game. Give your best.

The scoreboard does not make you a loser when you do this; it does not make you a winner if you do less

### Prayer

Dear Creator, we are glad you made us and gave us the ability to play.

We thank you for parents or adults who love us more for who we are, then how we do.

We thank you for the other team which allows us to play this game. Help us to enjoy the game, play hard and fair in good sportsmanship.

Give us a better spirit, mind and body through this game. Amen

### Why We Do What We Do

*To put Christian principles into practice through programs that build healthy spirit, mind and body for all.*

We want this purpose to lead to the development of strong kids, families and community.

So we emphasize the following in our Youth Sports:

- Making this a positive experience for you and your child.
- Focus on the core values of respect, caring, honesty, and responsibility.
- Sportsmanship for all; players, coaches, referees, & PARENTS. "One game is just one game, whether won or not won"
- Developing a person more than a player
- Parent involvement; volunteer coach, score keep, referee or help out during practice/game.
- Our aim is to begin practices and/or games with prayer. Why? The "C" in YMCA stands for Christian.