

DuBois Area YMCA



2026 Adult Co-Ed Rec Volleyball League

TEAM #	Name	Captain	Phone #
1		Cole Norris	814-661-3819
2	Joe's Tux Shop	Julie Fitzer	814-591-8586
3	Mid Penn Bank	Mara Baronick	814-590-8416
4	Love Financial	Jodee Thompson	814-541-0388
5		Dylan Kriner	814-771-6938

Cancellations:

If after 12 Noon on Monday, text other team captain ASAP, then Zac. Match will most likely not be rescheduled and result in a forfeit

If earlier, text/call Zac and he will contact other team. Rescheduling is possible, but not a guarantee.

Score:

3 games to 25, win by 2 or 1st team to 28

Please record result in notebook on shelf in closet.
Circle winning team for match and note sets
W/L (3-0 or 2-1) for winning team.

e.g. **1** - 2 3-0 *(Team 1 won 3 sets to 0)*

TIME	Jan 12	Jan 19	Jan 26	Feb 2	Feb 9	Feb 16	Feb 23
6:00	1 - 2	2 - 3	3 - 4	1 - 4	3 - 5	4 - 5	2 - 3
7:00	1 - 3	2 - 4	3 - 5	3 - 4	2 - 5	2 - 4	1 - 5
8:00	4 - 5	1 - 5	1 - 2	2 - 5	1 - 4	1 - 3	Bye 4

TIME	Mar 2	Mar 9	Mar 16	Mar 23
6:00	Game 1	Game 4	Game 6	Game 10
7:00	Game 2	Game 5	Game 8	Game 11 (
8:00	Game 3	Game 7	Game 9	

*** NOTE: Must have played 3 matches to play in playoffs**

Points Earned

- Win match	3-0 = 4 pts
- Win match	2-1 = 3 pts
- Lose match	1-2 = 2 pts
- Lose match	0-3 = 1 pt
- Forfeit match	= 0 pts

Point totals will be used to determine positioning in 3-game guarantee playoffs (TBA)



Soccer Practice/Game Schedule

Boys & Girls 1st & 2nd Grade

2026



Month/Date/Day

JAN	6	Tue	6:10-7:10 pm	Practice
	10	Sat	9:00-10:00 am	Practice
	13	Tue	6:00-7:00 pm	Practice
	16	<i>Fri</i>	<i>5:30-6:30 pm</i>	<i>Game</i>
	20	Tue	6:00-7:00 pm	Practice
	23	<i>Fri</i>	<i>5:30-6:30 pm</i>	<i>Game</i>
	27	Tue	6:00-7:00 pm	Practice
	31	Sat	9:00-10:00 am	Game
FEB	3	Tue	6:00-7:00 pm	Practice
	7	Sat	9:00-10:00 am	Game
	10	Tue	6:00-7:00 pm	Game
	13	<i>Fri</i>	<i>5:30-6:30 pm</i>	<i>Game</i>
	17	Tue	Makeup (If necessary)	

Notes:

- Practices/games will be in main gym or auxiliary gym. Help is always appreciated with setup of equipment, supervision of a group, tear down, etc.
- If you are getting the optional shirt, please turn into Zac. Put \$ in envelope with child name. **Cash is preferred.** Make checks payable to DuBois Area YMCA.
- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA soccer that day.

Zach Lewis
Garrett Pollock

Volunteer Instructor
Volunteer Instructor

Zac Wilcox

DuBois Area YMCA

YMCA Program Director

814-375-9622 Work Cell 814-590-5561 Email z_wilcox@hotmail.com

If you text, please indicate who is texting since I do not keep all in my contact list.



Soccer Practice/Game Schedule

Boys & Girls 3rd & 4th Grade

2026



Month/Date/Day

JAN	8	Thu	6:10-7:10 pm	Practice
	10	Sat	10:10-11:10 am	Practice
	15	Thu	6:00-7:00 pm	Practice
	16	Fri	6:40-7:40 pm	Game
	22	Thu	6:00-7:00 pm	Practice
	23	Fri	6:40-7:40 pm	Game
	29	Thu	6:00-7:00 pm	Practice
	31	Sat	10:10-11:10 am	Game
FEB	5	Thu	6:00-7:00 pm	Practice
	7	Sat	10:10-11:10 am	Game
	12	Thu	6:00-7:00 pm	Game
	13	Fri	6:40-7:40 pm	Game
	19	Thu	Makeup (If necessary)	

Notes:

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Bob Ricker

Volunteer Lead Coach

814-360-4505

Zac Wilcox

DuBois Area YMCA

YMCA Program Director

814-375-9622 Work Cell

814-590-5561 Email z_wilcox@hotmail.com

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Soccer Practice/Game Schedule

Boys & Girls 5th & 6th Grade

2026



Month/Date/Day

JAN	8	Thu	7:15-8:5 pm	Practice
	10	Sat	11:15 am -12:15 pm	Practice
	15	Thu	7:05-8:05 pm	Practice
	16	Fri	7:45-8:45 pm	Game
	22	Thu	7:05-8:05 pm	Practice
	23	Fri	7:45-8:45 pm	Game
	29	Thu	7:05-8:05 pm	Practice
	31	Sat	11:15 am -12:15 pm	Game
FEB	5	Thu	7:05-8:05 pm	Practice
	7	Sat	11:15 am -12:15 pm	Game
	12	Thu	7:05-8:05 pm	Game
	13	Fri	7:45-8:45 pm	Game
	19	Thu	Makeup (If necessary)	

Notes:

- Practices/games will be in main gym or auxiliary gym. Help is always appreciated with setup of equipment, supervision of a group, tear down, etc.
- If you are getting the optional shirt, please turn into Zac. Put \$ in envelope with child name. **Cash is preferred.** Make checks payable to DuBois Area YMCA.
- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA soccer that day.

Bob Ricker

Volunteer Instructor

814-360-4505

Zac Wilcox

YMCA Program Director

DuBois Area YMCA

814-375-9622 Work Cell

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DuBois Area YMCA Basketball



Girls 5 & 6th Grade Individual 2026

Month/Date/Day **4:00-5:00 pm**

JAN	7	Wed	Practice
	9	Fri	Practice (3:30-4:30)
	12	Mon	Practice
	14	Wed	Practice/Scrimmage
	19	Mon	No Practice/Game
	20	Tue	Game
	21	Wed	Game
	26	Mon	Practice
	28	Wed	Game
FEB	2	Mon	Practice
	4	Wed	Game
	9	Mon	Practice
	11	Wed	Game
	16	Mon	Game
	18	Wed	Game
	23	Mon	Makeup (If necessary)

Notes:

- Practices/games will be in auxiliary gym. Help is always appreciated with setup of equipment, supervision of a group, tear down, etc.
- If you are getting the optional shirt, please turn into Zac. Put \$ in envelope with child name. **Cash is preferred.** Make checks payable to DuBois Area YMCA
- If DuBois Area School District is cancelled or has early dismissal due to **WEATHER**, there will **NO** YMCA B-Ball that day.

Zac Wilcox League Coordinator/Coach

DuBois Area YMCA 375-9622 Work Cell 590-5561 Email z_wilcox@hotmail.com

If you text, please indicate who is texting since I do not keep all in my contact list.

Look on back for more information



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DuBois Area YMCA Youth Sports

Motto

Everybody plays...All are Valuable

Pledge

Try your hardest. Enjoy the game. Give your best.

The scoreboard does not make you a loser when you do this; it does not make you a winner if you do less

Prayer

Dear Creator, we are glad you made us and gave us the ability to play.

We thank you for parents or adults who love us more for who we are, then how we do.

We thank you for the other team which allows us to play this game. Help us to enjoy the game,
play hard and fair in good sportsmanship.

Give us a better spirit, mind and body through this game. Amen

Why We Do What We Do

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

We want this purpose to lead to the development of strong kids, families and community.

So we emphasize the following in our Youth Sports:

- Making this a positive experience for you and your child.
- Focus on the core values of respect, caring, honesty, and responsibility.
- Sportsmanship for all; players, coaches, referees, & PARENTS. "One game is just one game, whether won or not won"
- Developing a person more than a player
- Parent involvement; volunteer coach, score keep, referee or help out during practice/game.
- Our aim is to begin practices and/or games with prayer. Why? The "C" in YMCA stands for Christian.