



# HOURS OF OPERATION

## Facilities (DuBois & TL Ext)



Monday-Thursday	5:30 AM - 9:00 PM
Friday	5:30 AM - 9:00 PM (DuBois) 5:30 AM - 7:00 PM (TL Ext)
Saturday	6:00 AM - 3:00 PM (DuBois) 7:00 AM - 3:00 PM (TL Ext)
Sunday	10:00 AM - 2:00 PM

## Pool & Whirlpool



### **MORNING/AFTERNOON**

Mon - Fri	5:30 AM - 8:00 AM	
Mon, Wed, Fri	12 Noon - 2:00 PM	(Noon-1 pm Adult only)
Tue & Thu	12 Noon - 3:00 PM	

### **EVENING**

Mon, Wed, Fri	5:30 PM - 8:30 PM
Tue & Thu	7:00 PM - 8:30 PM

### **WEEKEND**

Sat	6:00 AM - 8:00 AM; 12 Noon - 2:30 PM
Sun	10:00 AM - 1:30 PM

**Note:** Detailed Pool Schedule (on back) lists daily times for open swim, lap lane swim, adult only swim/lap and aquatic classes/programs

**POOL 2024**    **Fall 1 (9/9-10/19)**    **Fall 2 (10/20-11/30)**    **Holiday (12/2-31)**

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>5:30 AM</b> 6:00 AM Sat	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
<b>7:00 AM</b>	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
<b>8:00 AM</b>	CLOSED	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED
<b>9:00 AM</b>	CLOSED	<i>Aquacise</i> CLOSED	<i>Water Toning</i> CLOSED	<i>Aquacise</i> CLOSED	<i>Water Toning</i> CLOSED	<i>Aquacise</i> CLOSED	CLOSED
<b>10:00 AM</b>	Open Swim/ Open Lap	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
<b>11:00 AM</b>	Open Swim/ Open Lap	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
<b>NOON</b>	Open Swim/ Open Lap	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	<b>ADULT SWIM/ ADULT LAP</b>	Open Swim/ Open Lap
<b>1:00 PM</b>	Open Swim/Lap CLOSED**	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
<b>2:00 PM</b>	CLOSED**	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/Lap CLOSED**
<b>3:00 PM</b>	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED**
<b>4:00 PM</b>	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
<b>5:00 PM</b>	CLOSED	CLOSED Open Swim/ Open Lap	Private Swim Lessons	CLOSED Open Swim/ Open Lap	CLOSED	CLOSED Open Swim/ Open Lap	CLOSED
<b>6:00 PM</b>	CLOSED	Open Swim/ Open Lap	<i>Aquacise</i>	Open Swim/ Open Lap	<i>Aquacise</i>	Open Swim/ Open Lap	CLOSED
<b>7:00 PM</b>	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	CLOSED
<b>8:00 PM</b>	CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	CLOSED

**AT A GLANCE**

**OPEN SWIM & OPEN LAP LANE**  
**(All ages unless noted otherwise)**

NOTE: Open Lap Swimming is for those who are proficient and consistent in lap swimming.

Monday - Saturday  
Monday - Friday **ADULTS ONLY**  
Monday, Wednesday & Friday  
Tuesday & Thursday  
Saturday  
Sunday

**(Sat open 6 AM)** 5:30-8:00 AM  
Noon-1:00 PM  
1:00-2:00 PM; 5:30-8:30 PM  
1:00-3:00 PM; 7:00-8:30 PM  
Noon - 2:30 PM  
10:00 AM-1:30 PM

Swim Lessons

Saturday

9:30 AM-Noon

Pool Parties\*\*

Saturday  
Sunday

2:30-3:30 PM  
1:30-2:30 PM

Swim Meets

Saturdays      TBA in December

11 AM-3 PM

**\*10/23 NOTE:** We currently have 8 lifeguards and a majority of them are High School students in school activities. We are offering **EVENING AND WEEKEND OPEN SWIM** as many days as their schedules permit. Please check the front desk or [www.duboisymca.org/news](http://www.duboisymca.org/news) for a monthly listing of **CLOSED** open swim times.