



YOUTH DEVELOPMENT

Nurturing the potential of every child and teen



YOUTH VOLLEYBALL

Boys & Girls Grades 3-6, 7-8
Sept 4 – Oct 16

Meets twice weekly for a practice and a game. Participants will learn the basic game rules and practice skills of digging, passing & setting according to their abilities and progression.

Registration: Aug 26-Sept 4

Meets on Mon & Wed 4:15-5:15 pm; schedule at 1st practice; Wednesday, September 4

Location: Auxiliary Gym

Family Member Free

Youth Member \$26 Potential Member \$52



BASKETBALL LEAGUE

Boys Grades 5-6 Oct 3 - Nov 21

INDIVIDUAL player registration, teams vary each game as selected by YMCA staff and coaches. Mandatory substitution schedule. If needed due to registrations, YMCA staff/coaches will draft teams for the season prior to a second practice.

Registration: Sept 9-Oct 3

Practice: Mon &/or Thu 4-5 pm; schedule at 1st practice; Thursday, October 3

Game: Thursdays 4:00-5:00 pm

Family Member Free

Youth Member \$20 Potential Member \$40

YOUTH BASKETBALL

Boys and Girls Grades 1-4
Oct 29 - Dec 14



Meets twice weekly for a practice and a game. Participants will learn the basic game rules and practice skills of shooting, passing, dribbling, defense and team concepts according to their abilities and progression.

Registration: Sept 30-Oct 29

Meets on:

- **Gr 1-2:** Tue 5:15-6:15 pm; Sat 9:30-10:30 am

- **Gr 3-4:** Tue 6:30-7:30 pm; Sat 10:45 -11:45 am

First practice: Tuesday, October 29

Location: Main Gym & Auxiliary Gym

Family Member Free

Youth Member \$26 Potential Member \$52



BASKETBALL LEAGUE

Boys Grades 5-6 Oct 3 - Nov 21

INDIVIDUAL player registration, teams vary each game as selected by YMCA staff and coaches. Mandatory substitution schedule. If needed due to registrations, YMCA staff/coaches will draft teams for the season prior to a second practice.

Registration: Sept 9-Oct 3

Practice: Mon &/or Thu 4-5 pm; schedule at 1st practice; Thursday, October 3

Game: Thursdays 4:00-5:00 pm

Family Member Free

Youth Member \$20 Potential Member \$40

YOUTH SPORTS MOTTO

Everybody plays All are Valuable

Parents may be asked to volunteer coach, score keep, referee or help out during practice/games.

Sports program T-Shirts are optional (added \$8 fee)

UPCOMING YOUTH & ADULT SPORTS See page 10

Dates, times and prices of all YMCA programs are subject to change without notice

For more information

814-375-YMCA (9622)

www.duboisymca.org

dubymca1@comcast.net

Online Registration Available

Click on Programs tab on our website

