

## Basketball Practice/Game Schedule

Boys & Girls 1st—4th Grade 2025



#### Month/Date/Day

OCT 28 NOV 1		Tue Sat	Practice Practice	TUESDAYS 1st/2nd G: 1st/2nd B:	5:00-6:00 pm 6:10-7:10 pm
	Tue Sat	Practice Game	3rd/4th B & G:	7:15-8:15 pm	
	11 15	Tue Sat	Practice Game		
	18 22	Tue Sat	Practice (Optional Shirt order & \$ due) Game		
	25 29	Tue Sat	Practice NO Practice/Game	SATURDAYS 1st/2nd grade G: 1st/2nd B:	9:00-10:00 am 10:10-11:10 am
DEC	2 6	Tue Sat	NO Practice/Game Game	3rd/4th B & G:	11:15-12:15 am
	9 13	Tue Sat	Game Game		
	16	Tue	Makeup Date (if necessary)		

Notes: Please be aware that we will progressively work towards game play on Game Day, especially in the 1st/2nd grade group. It would be counterproductive to attempt a full court game right away. "Games", at the outset, may be team relays or drills designed to help the kids understand various parts of the game format.

Help is always appreciated with setup/tear down of equipment, supervision of a group, etc.

If you order the optional program T-Shirt (\$8), place your payment in an envelope with the child's name on the front. Make checks payable to the DuBois Area YMCA.

DO NOT PAY THE FRONT DESK FOR THE SHIRT

#### Zac Wilcox League Coordinator/Coach

DuBois Area YMCA 375-9622 Work Cell 590-5561 Email  $z\_wilcox@hotmail.com$ . NOTE: If you text, please indicate who is texting since I do not keep all in my contact list.

More info on back

#### DuBois YMCA 25 Parkway Drive 375-9622 www.duboisymca.org



Paula DuBois, Senior Program Director Membership Director

### 5-6<sup>th</sup> grade Boys Basketball; Individual League Info Sheet for Parents

We hope that this opportunity will be a positive experience for you and your child. That is our aim based on the mission of the YMCA. We want this program to build into your child the principles of respect, caring, honesty, and responsibility that lead to strong kids, families, and communities. Here are some items of information:

- Sportsmanship is for all involved; players, coaches, referees, and PARENTS. Look around the YMCA and you will see words such as honesty, respect, caring, and responsibility. Those Christian principles should be reflected in this program. So let the players play, coaches coach, referees referee, and spectators positively cheer. "One game is just one game, whether won or not won"
- Special game rules are announced before each game. There is a substitution schedule intended to give equal playing time for each participant. The clock primarily is a running clock. It will stop and start at times different than normal regulation games during foul shots and towards the end of each quarter.
- Games will be played 4 on 4 in the auxiliary gym. If you know your child will not be at a game, please inform me at the practice or as soon as possible prior to the game. Each week volunteers are needed to help coach, referee and possibly score keep.
- Any schedule changes for games or practice will be made as far in advance as possible. Complete schedules are available at the front desk, the scorer's table after/in between games, or at our website.
- In all our Youth Sports programs the goal is to do a Youth Sports Pledge and Prayer (see below) prior to practices and/or games. Remember the "C" in YMCA does stand for Christian. This reinforces the Y's purpose to "put Christian principles into practice".

# YMCA Youth Sports Pledge

Try your hardest. Enjoy the game. Give your best.

The scoreboard does not make you a loser if do this; it does not make you a winner when you do less

# YMCA Youth Sports Prayer

Dear God

<ul> <li>We are grateful you created sor</li> </ul>	meone to make the game of
(sport), glad fo	or the ability to play and for the other team which allow
us to play this game.	

• Help us to enjoy the game, play hard and fair in good sportsmanship.