

DuBois Area YMCA Summer Swim Team

The DuBois Area YMCA invites children ages 5 to 18 to join the DuBois Area YMCA Summer Swim Team! This program is for children who already know how to swim but would like to learn more competitive skills and improve swimming fitness. No competitive experience is necessary, but we emphasize that children must be comfortable in deep water and can self-support. Everybody who can swim will automatically make the team and will be able to compete.

We welcome NEW swimmers of ALL ages to join. We provide entry level skills so that we can accommodate swimmers of all experience levels.

The DuBois YMCA Summer Swim Team competes in the Mountain Swim League. Teams within the league include Altoona, Clearfield, Clarion, Huntingdon, Menoher, Ridgway, Sunnehanna, Tyrone, and YPCC. The Mountain Swim League accommodates swimmers of all levels ... from new and novice to very experienced swimmers. It is considered a developmental league so that new swimmers can learn and enter the sport with a positive experience.

Meets are held on Saturday mornings at different venues. Meets are an optional component of summer swim team and meet attendance is not required, but it is encouraged as this is the metric used to measure self-improvement. The program runs from June 3rd until July 27th.

SWIM TEAM FEES

YMCA membership is not required

- Member Price:
\$84
- Potential Member Price:
\$110

Regular season meet participation included with the registration fee. Championships require additional entry fees.

SUMMER PRACTICE TIMES

- DAHS Swimmers
 - Mon-Fri : 9:00 – 11:00
- Middle School Swimmers (ended this school year in 5th grade)
 - Mon-Fri : 9:30 – 10:30
- Elementary Swimmers
 - Mon/Wed/Fri : 10:30 – 11:15

Group placement changes may occur throughout the first week of practice to best meet the needs of the swimmers.

SUMMER TEAM COACHES

- Coach Mike Gressler
- Coach Leanne Fuller
- Coach Gabi Wayne
- Coach Trulee Stainbrook

**QUESTIONS? PLEASE
CONTACT COACHES ON THE
REMIND APP.**

TEAM COMMUNICATION

- ***Remind Notification System***

- Primary communication with parents will be through **text messages** and **direct email**. The team uses a tool called Remind to send out messages to parents. **Parents must sign-up to receive notifications**. Downloading the Remind App provides a better experience and additional options for notifications, however, direct text messaging is also available.
- To **sign up for the Remind group**, text @duboisswim to 81010. You can also join by visiting <https://www.remind.com/join/duboisdol>.

- ***DuBois Dolphins Swim Team Facebook Group***

- The team maintains a Facebook group to provide information to swimmers and families and to collect information throughout the season (e.g., swim meet registration details, volunteer signups, etc.). This is a **private** group that only current DuBois Dolphins families have access to.
- Although this is not an official mode of communication for the team, the coaches and parent organization members try to post information and answer questions regularly.