



HOURS OF OPERATION

Facility

Updated October 21



Monday-Friday

5:30 AM - 9:00 PM

Saturday

5:30 AM - 3:00 PM

Sunday

10:00 AM - 2:00 PM

Pool & Whirlpool



MORNING/AFTERNOON

Mon - Fri

5:30 AM - 8:00 AM

Mon, Wed, Fri

12 Noon - 2:00 PM (Noon-1 pm Adult only)

Tue & Thu

12 Noon - 3:00 PM

EVENING

Mon, Wed, Fri

5:30 PM - 8:30 PM

Tue & Thu

7:00 PM - 8:30 PM

WEEKEND

Sat

6:00 AM - 8:00 AM; 12 Noon - 2:30 PM

Sun

10:45 AM - 1:30 PM

Note: Detailed Pool Schedule (on back) lists daily times for open swim, lap lane swim, adult only swim/lap and aquatic classes/programs

POOL 2025 Fall 1 & 2, Holiday Sessions (effective 9/9/25 – 12/31/25) Updated 10/21/25

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM 6:00 AM Sat	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
7:00 AM	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
8:00 AM	CLOSED	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED <i>Water Toning</i>	CLOSED <i>Aquacise</i>	CLOSED
9:00 AM	CLOSED	<i>Aquacise</i> CLOSED	<i>Water Toning</i> CLOSED	<i>Aquacise</i> CLOSED	<i>Water Toning</i> CLOSED	<i>Aquacise</i> CLOSED	CLOSED
10:00 AM 10:45 AM Sun	Open Swim/ Open Lap	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
11:00 AM	Open Swim/ Open Lap	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
NOON	Open Swim/ Open Lap	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	ADULT SWIM/ ADULT LAP	Open Swim/ Open Lap
1:00 PM	Open Swim/Lap CLOSED**	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap
2:00 PM	CLOSED**	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/ Open Lap	CLOSED	Open Swim/Lap CLOSED**
3:00 PM	CLOSED	CLOSED Swim Team	CLOSED Swim Team	CLOSED Swim Team	CLOSED Swim Team	CLOSED Swim Team	CLOSED**
4:00 PM	CLOSED	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	CLOSED
5:00 PM	CLOSED	Swim Team (5:15) Open Swim/ Open Lap	Private Swim Lessons	Swim Team (5:15) Open Swim/ Open Lap	Swim Team (5:15)	CLOSED Open Swim/ Open Lap	CLOSED
6:00 PM	CLOSED	Open Swim/ Open Lap	<i>Aquacise</i>	Open Swim/ Open Lap	<i>Aquacise</i>	Open Swim/ Open Lap	CLOSED
7:00 PM	CLOSED	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	Open Swim/ Open Lap	CLOSED
8:00 PM	CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	Open Swim/Lap CLOSED	CLOSED

AT A GLANCE

OPEN SWIM & OPEN LAP LANE
(All ages unless noted otherwise)

NOTE: Open Lap Swimming is for those who are proficient and consistent in lap swimming.

Monday - Saturday **(Sat open 6 AM)**
Monday - Friday **ADULTS ONLY**
Monday, Wednesday & Friday
Tuesday & Thursday
Saturday
Sunday

5:30-8:00 AM
Noon-1:00 PM
1:00-2:00 PM; 5:30-8:30 PM
1:00-3:00 PM; 7:00-8:30 PM
Noon - 2:30 PM
10:45 AM-1:30 PM

Pool Parties**

Saturday
Sunday

2:30-3:30 PM
1:30-2:30 PM

Home Swim Meets

Saturday (Dec 20, Jan 17, Jan 24)

11:00 AM-3:00 PM